

Documenting diabetes care: Follow the latest guidelines

 pages.azblue.com/Introducing-four-new-HEDIS-diabetes-measures---JAN-2022.html

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HEDIS[®] measures¹ address a broad range of important health issues. These measures evolve and change over time. The Comprehensive Diabetic Care (CDC) measure, consisting of four sub-measures, has been replaced by four stand-alone measures beginning in measurement year (MY) 2022.

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[See NIH guidance for treating high-risk COVID-19 patients](#)

Measure by measure: Introducing four new diabetes measures for MY 2022²

Except where noted, each measure assesses the percentage of adults ages 18-75 with diabetes (type 1 and type 2) who received the following evaluations during the measurement year.

Guidelines for Kidney Health Evaluation for Patients With Diabetes (KED)

The goal of the KED measure is annual evaluation of kidney health for patients ages 18-85 who have diabetes. A kidney health evaluation is defined as both an estimated glomerular filtration rate (eGFR) *and* a urine albumin-creatinine ratio (uACR) during the measurement year. This measure can only be closed with administrative data. [Access these best-practices resources](#) to help providers and your patients promote kidney health.³

Guidelines for Blood Pressure Control for Patients With Diabetes (BPD)

The goal of the BPD measure is adequately controlled blood pressure (140/90 mm Hg) for patients with diabetes. Member-reported blood pressure readings that are documented in the medical record during the measurement year are acceptable. Documentation of “average” blood pressure is acceptable;

however, readings reported as a range are not acceptable. Note: When documenting repeat blood pressure readings, you may use the “best” systolic and “best” diastolic from the encounter. CPT® II codes should be used on the encounter claim to report this measure.

Systolic	CPT II Code	Diastolic	CPT II Code
<130	3074F	<80	3078F
130-139	3075F	89-89	3079F

Guidelines for Eye Exam for Patients With Diabetes (EED)

The goal of the EED measure is regular evaluation for retinal disease by an eye care professional. Documentation in the medical record should include the date of service as well as indicate the type of examination performed, the result, and provider type.

Guidelines for Hemoglobin A1c Control for Patients With Diabetes (HBD)

The goal of the HBD measure is to monitor hemoglobin A1c (HbA1c) for adequate control, which is defined as HbA1c 8.0%. Poor control is defined as HbA1c >9.0%. Documentation in the medical record should include the date the test was performed and the result. HbA1c reported as a range is not acceptable. CPT II codes should be used on the encounter claim to report this measure.

HbA1c Result	CPT II Code
<7%	3044F
≥7% - <8%	3051F
≥8% - ≤9%	3052F
>9%	3046F

What’s changed from the CDC measure?

For this updated 2022 criteria, HEDIS has:

- Clarified that members in hospice or using hospice services at any time during the measurement year are excluded.
- Excluded patients with documented polycystic ovarian syndrome (PCOS), gestational diabetes, or steroid-induced diabetes.
- Removed the hemoglobin HbA1c testing indicator.
- Added stratification by race and ethnicity.

More than 90% of America’s health plans, including Blue Cross® Blue Shield® of Arizona, use HEDIS to measure performance on important dimensions of care and service. HEDIS helps providers and health plans see where to focus their improvement efforts for higher-quality outcomes.

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¹ Source: [National Committee for Quality Assurance \(NCQA\) \(HEDIS and Performance Measurement\)](#)

² Source: [NCQA, "HEDIS MY 2022 Measure Descriptions"](#)

³ Source: [NCQA, "Kidney Health Toolkit, Improving the Quality of Kidney Care"](#)

Our members can take a digital ID card with them wherever they go with the MyBlue AZSM mobile app.

