

Federal Employee Program changes for 2023

 pages.azblue.com/Summary-of-2023-FEP-benefits---JAN-2023.html

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The following is a summary of some of the benefit changes effective January 1, 2023, for the Blue Cross and Blue Shield Service Benefit Plan for Federal Employee Program® (FEP®) members.

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As a reminder ...

Don't turn members away!
We will [validate and authorize](#)

Members enrolled in the Standard Option* benefit plan

have lower out-of-pocket costs when they use Preferred providers, and they also have out-of-network benefits.

Members enrolled in Basic Option* and FEP Blue Focus* benefit plans have in-network benefits only (except for emergencies) and must seek care from Preferred providers to receive covered benefits.

Member cost-share amounts for the benefits summarized may vary.

Changes that apply to Standard Option, Basic Option, and FEP Blue Focus

- We increased the number of free mental health visits to eight visits for members who are pregnant or recently gave birth.
- Pregnant members can receive a blood pressure monitor at no cost to them. Members can order the monitor via their MyBlueSM account or by calling 1-800-411-BLUE (2583).

- We will cover egg or sperm storage for members facing infertility due to a medical procedure or treatment. Members can use this benefit once per lifetime.
- We cover approved weight-loss drugs through the Pharmacy Program to support members who are obese. Members must receive prior approval for this benefit.
- We lowered the eligible age for coverage of weight-loss (bariatric) surgery to age 16.
- For transplant services, we no longer limit the number of donor screening tests for potential donors who are not full siblings or are unrelated.

Changes that apply to Standard Option only

- We added four new drug classes related to mental health to the Standard Option Generic Incentive Program.
- Rather than paying a coinsurance amount for preferred insulin medications, Standard Option members will pay \$35 for a 30-day supply and \$65 for up to a 90-day supply.

Changes that apply to Basic Option only

- Basic Option members can get up to 12 (previously 10) covered acupuncture visits a year.
- We increased the Basic Option cost-share amount for diagnostic tests, inpatient visits, outpatient visits, and emergency visits.
- We increased the Basic Option cost-share amount for drugs covered on Tiers 1, 2, and 3.

Change that applies to FEP Blue Focus only

As a reminder, FEP Blue Focus members can receive a \$150 MyBlue Wellness Card when they complete their annual physical. Members can use the card to pay for qualified medical expenses or at select Blue365[®] retailers.

For more information, visit fepblue.org or call the Blue Cross[®] Blue Shield[®] of Arizona Federal Employee Program at 602-864-4102 or 1-800-345-7562.

* This is a summary of the features of the Blue Cross and Blue Shield Service Benefit Plan. Complete benefit information and changes are detailed in the [Plan's Federal brochures](#) (Standard and Basic Option: RI 71-005; FEP Blue Focus: RI 71-017). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochures.

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