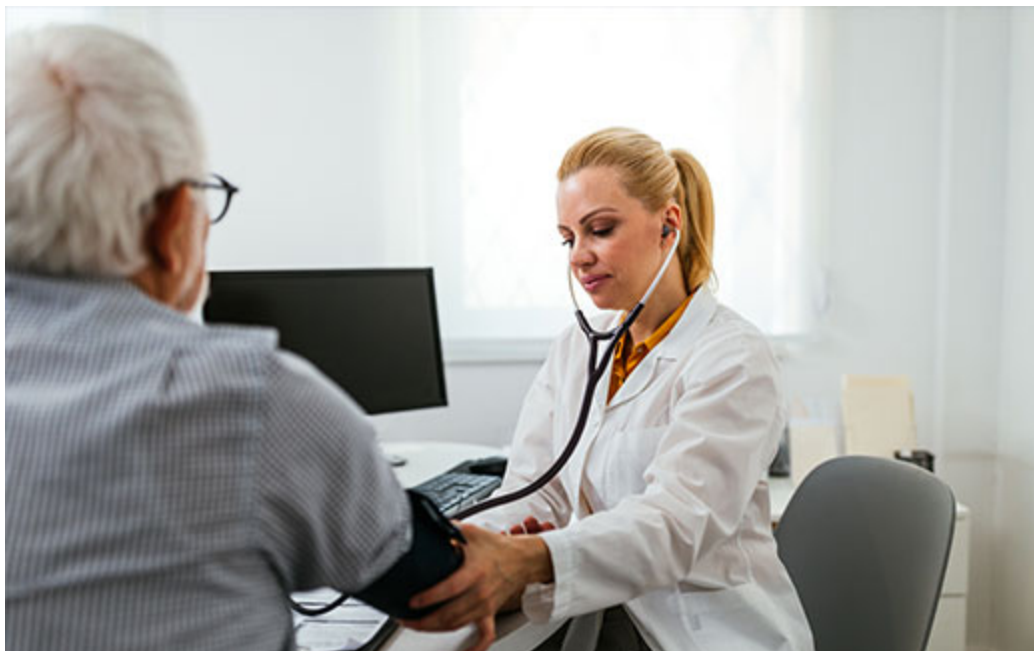


# Annual physical exam: Proactive, preventive, and rewarding

[pages.azblue.com/Annual-physical-for-Medicare-Advantage-members---Feb-2023.html](https://pages.azblue.com/Annual-physical-for-Medicare-Advantage-members---Feb-2023.html)

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When Blue Cross<sup>®</sup> Blue Shield<sup>®</sup> of Arizona (BCBSAZ) Medicare Advantage (MA) members team up with their providers, they are more likely to achieve better health outcomes. We encourage our members to make proactive health choices, including seeing their provider regularly and completing recommended preventive health exams and screenings.

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[Revisit our current list of COVID emergency measures](#)

## Start the year off right

The foundation of a member's care, the annual physical exam is an important covered service available at **no cost** to our MA members **one time per calendar year**. For convenience and member satisfaction, BCBSAZ specifically encourages members to schedule both their annual physical exam and an annual wellness visit during the same visit. During this comprehensive, hands-on assessment, you can discuss health goals and develop or update a personalized plan together based on your patient's current health conditions and risk factors.

## As a bonus ...

Once the member completes the annual physical exam and we process a claim with appropriate coding, the member will receive \$50 in reward dollars through our Blue Medicare Health Rewards<sup>SM</sup> program. To qualify the member to earn the reward, the claim must include one of the following codes for an annual physical exam: 99385, 99386, 99387, 99395, 99396, or 99397. Annual wellness visit is not eligible for reward dollars.

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Blue Medicare Health Rewards is a service mark of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

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