

What is HEDIS for QRS?

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Blue Cross® Blue Shield® of Arizona (BCBSAZ) is committed to helping Arizonans get healthier faster and stay healthier longer. As we discuss frequently in this newsletter, one of the ways our regulators monitor our performance is through HEDIS® measures.¹

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The National Committee for Quality Assurance (NCQA) allows the use of HEDIS measures to report quality data for the [Marketplace Quality Rating System \(QRS\)](#). This is known as HEDIS for QRS.

The technical specifications for HEDIS and HEDIS for QRS are identical. HEDIS reported for Medicare focuses on an older adult population, while measures reported for Commercial and Marketplace plans represent a younger population, including children. The ratings for both HEDIS and HEDIS for QRS are publicly reported on HealthCare.gov using a 1–5-star scale.

Currently, there are no CMS financial incentives for Commercial HEDIS or HEDIS for QRS performance. However, ensuring that our members have access to critical screenings, preventive services, and a responsive network of providers is a top priority for BCBSAZ!

The table below details measurement year (MY) 2022 measures for our Medicare, Marketplace, and Commercial plans.

HEDIS/HEDIS for QRS Hybrid Measures for MY2022	Medicare HEDIS	Marketplace HEDIS for QRS	Commercial HEDIS
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)	NOT REPORTED	REPORTED	REPORTED
Childhood Immunization Status (CIS)	NOT REPORTED	REPORTED	REPORTED
Immunizations for Adolescents (IMA)	NOT REPORTED	REPORTED	REPORTED
Cervical Cancer Screening (CCS)	NOT REPORTED	REPORTED	REPORTED
Prenatal and Postpartum Care (PPC)	NOT REPORTED	REPORTED	REPORTED
Colorectal Cancer Screening (COL)	REPORTED	REPORTED	REPORTED
Controlling High Blood Pressure (CBP)	REPORTED	REPORTED	REPORTED
Hemoglobin A1c Control for Patients with Diabetes (HBD)	REPORTED	REPORTED	REPORTED
Eye Exam for Patients with Diabetes (EED)	REPORTED	REPORTED	REPORTED
Blood Pressure Control for Patients with Diabetes (BPD)	REPORTED	NOT REPORTED	REPORTED
Transitions of Care (TRC)	REPORTED	NOT REPORTED	NOT REPORTED

There is an overlap of quality measures between Medicare, Marketplace, and Commercial HEDIS. Activities aimed at improving Medicare's HEDIS rates improve HEDIS rates for Marketplace and Commercial.

HEDIS for QRS quality measures

Let's look at measures that are exclusive to Marketplace and Commercial reporting. Note that these do not impact Medicare HEDIS rates.

- **Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)** measures the percentage of members ages 3–17 who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year: BMI percentile documentation; counseling for nutrition; or counseling for physical activity.
- **Childhood Immunization Status (CIS)** measures the percentage of children 2 years of age who had the following vaccines by their second birthday: Four diphtheria, tetanus, and acellular pertussis (DTaP); three polio (IPV); one measles, mumps, and rubella (MMR); three haemophilus influenza type B (HiB); three hepatitis B (HepB); one chicken pox (VZV); four pneumococcal conjugate (PCV); one hepatitis A (HepA); two or three rotavirus (RV); and two influenza (flu). The measure calculates a rate for each vaccine and one separate combination rate.
- **Immunizations for Adolescents (IMA)** measures the percentage of adolescents 13 years of age who had one dose of meningococcal vaccine and one tetanus, diphtheria toxoids, and acellular pertussis (Tdap) vaccine, and have completed the human papillomavirus (HPV) vaccine series by their 13th birthday. The measure calculates a rate for each vaccine and one combination rate.
- **Cervical Cancer Screening (CCS)** measures the percentage of women who were screened for cervical cancer using any of the following criteria: Women ages 21–64 who had cervical cytology performed within the last 3 years; women ages 30–64 who had cervical high-risk human papillomavirus (hrHPV) testing performed within the last five years; women ages 30–64 who had cervical cytology/hrHPV co-testing within the last five years.
- **Prenatal and Postpartum Care (PPC)** calculates the percentage of deliveries of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year. For these women, the measure assesses the timeliness of prenatal care (the percentage of deliveries that received a prenatal care visit in the first trimester) as well as postpartum care (the percentage of deliveries that had a postpartum visit on or between seven and 84 days after delivery).

Learn more about the [Marketplace QRS](#) and [2023 measure technical specifications](#) for MY 2022.

More than 90% of America's health plans, including Blue Cross® Blue Shield® of Arizona, use HEDIS to measure performance on important dimensions of care and service. HEDIS helps providers and health plans see where to focus their improvement efforts for higher-quality outcomes.

HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

¹ Source: [National Committee for Quality Assurance \(NCQA\) \(HEDIS and Performance Measurement\)](#).

BCBSAZ member ID cards are available for download via eligibility and benefits search results.