

DOLE WHIP

INGREDIENTS (Servings 6)

- 20 oz. frozen pineapple
- ½ cup full fat coconut milk
+ more if needed
- 1 teaspoon vanilla extract
- 2 tablespoons honey *or more, to taste*

Optional Toppings

- Shredded coconut
- Rainbow sprinkles

INSTRUCTIONS

1. Place the frozen pineapple and 1/2 cup of coconut milk in a food processor and blend on high until smooth and creamy. If the dole whip isn't blending, add 1-2 tablespoons more of coconut milk at a time until the dole whip blends.
2. Add the vanilla extract and honey into the food processor and blend again until combined and smooth.
3. When all of the ingredients are smooth and creamy, spoon the dole whip into a piping bag or large gallon sized bag.
4. Seal the bag and place it in the freezer for 20 minutes.
5. Remove the bag from the freezer and soften the dole whip with your hands for a few seconds.
6. Pipe the dole whip using your favorite tip into a cup or bowl and top with your favorite toppings such as shredded coconut and sprinkles.

