

## BCBSAZ Health Choice Pathway (HM0 D-SNP)



Serving Apache, Coconino, Gila, Maricopa, Mohave, Navajo, Pinal, and Yavapai counties.



# **BCBSAZ Health Choice Pathway** (HMO D-SNP) **Summary of Benefits**

January 1, 2025 - December 31, 2025

## About BCBSAZ Health Choice Pathway (HMO D-SNP)

#### How to reach us:

You can call us 7 days a week, 8 a.m. to 8 p.m. If you are a member of this plan, call toll-free: **1-800-656-8991, TTY: 711.** 

If you are not a Member of this plan, call toll-free: **1-855-243-3935, TTY: 711.** 

Or visit our website: azblue.com/hcpathway

BCBSAZ Health Choice Pathway has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services. You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. You can see our plan's provider and pharmacy directory on our website **azblue.com/hcpathway**, or call us and we will send you a copy of the provider and pharmacy directories.

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage" (EOC). You may access our EOC on our website at **azblue.com/hcpathway.** 

#### Who can join?

To join BCBSAZ Health Choice Pathway, you must be entitled to Medicare Part A, be enrolled in Medicare Part B and Arizona Health Care Cost Containment System (AHCCCS), and live in our service area. Our service area includes the following counties in Arizona: Apache, Coconino, Gila, Maricopa, Mohave, Navajo, Pinal, and Yavapai.

#### What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers – and more. Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits. Some of the extra benefits are outlined in this booklet. We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider. You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website **azblue.com/hcpathway**, or call us and we will send you a copy of the formulary.

## Which doctors, hospitals, and pharmacies can I use?

BCBSAZ Health Choice Pathway has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

You can see our plan's provider directory, pharmacy directory, and formulary on our website: **azblue.com/hcpathway,** or you can call us and we will send you a copy of the provider and pharmacy directories, and/or formulary.

Note: The formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

## You have choices about how to get your Medicare benefits:

One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.

Another choice is to get your Medicare benefits by joining a Medicare health plan, such as BCBSAZ Health Choice Pathway.

## You have choices. Tips for comparing medicare plans:

This Summary of Benefits booklet gives you a summary of what BCBSAZ Health Choice Pathway covers and what you pay.

If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklet or use the Medicare Plan Finder on http://www.medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633- 4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

BCBSAZ Health Choice Pathway (HMO D-SNP) is a health plan with a Medicare contract and a contract with the state Medicaid program. Enrollment in BCBSAZ Health Choice Pathway (HMO D-SNP) depends on contract renewal.

BCBSAZ Health Choice Pathway is a subsidiary of Blue Cross® Blue Shield® of Arizona (BCBSAZ), an independent licensee of the Blue Cross Blue Shield Association.

This information is available in other formats, such as Braille, large print, and audio.

This information is not a complete description of benefits. **Call 1-800-656-8991, TTY: 711** for more information.

#### **BCBSAZ Health Choice Pathway 2025 Summary of Benefits Chart**

If you are eligible for Medicare cost-sharing assistance under AHCCCS (Medicaid), you pay \$0. Premiums, copays, coinsurance, and deductibles may vary based on the level of Extra Help you receive.

Monthly Premium, Deductibles, and Limits		
Monthly Health Plan Premium	\$0 based on your level of AHCCCS (Medicaid) eligibility.	
Deductible	This plan does not have a deductible.	
Maximum Out-of-Pocket Responsibility (this does not include prescription drugs)	If you lose your AHCCCS eligibility, the yearly maximum you will pay in BCBSAZ Health Choice Pathway (your maximum out-of-pocket amount) is \$8,400.  If this occurs and you pay the full maximum out-of-pocket amount, we will	
prescription drugs)	pay for all Part A and B services for the rest of the year.	

#### **Covered Medical and Hospital Benefits**

#### **Inpatient Hospital Coverage**

Prior authorization may be required

You pay \$0 copay for days 1 - 90 of a hospital stay per benefit period.

Our policy also includes coverage for 60 lifetime reserve days, which are additional days we provide. If your hospital stay exceeds 90 days per benefit period, you have the option to utilize these extra days. After utilizing these additional 60 days, your coverage for inpatient hospital stays will be restricted to 90 days for each benefit period. If you receive authorized inpatient care at an out-of-network hospital after your emergency condition is stabilized, your cost is the cost-sharing you would pay at a network hospital.

Outpatient Hospital Coverage	
Outpatient Hospital Prior authorization may be required	\$0 copay
Outpatient Hospital Observation Services Prior authorization may be required	\$0 copay
Ambulatory Surgery Center Prior authorization may be required	\$0 copay
Doctor Visits	
Primary Care Provider Services	\$0 copay
Physician Specialists Services Prior authorization for pain management may be required	\$0 copay

#### **Covered Medical and Hospital Benefits**

#### **Preventive Care**

Abdominal aortic aneurysm ultrasound screening

Alcohol misuse screenings & counseling

Annual wellness visit Barium enemas

**Blood-based biomarker tests** 

Bone mass measurements (bone density)

Cardiovascular disease screening tests

Cervical cancer screening with human papillomavirus (HPV) tests

Colorectal cancer screenings and tests

Counseling to prevent tobacco use

COVID-19 vaccine and administration

**Depression screenings** 

**Diabetes screenings** 

**Diabetes self-management training** 

Digital rectal exam

**EKG following welcome visit** 

Glaucoma screening

**Hepatitis B virus screening** 

Hepatitis B virus vaccine and administration

**Hepatitis C virus screening test** 

Human immunodeficiency virus (HIV) screening

Influenza virus vaccine and administration

**Initial Preventive Physical Examination (IPPE)** 

Intensive behavioral therapy for cardiovascular disease

Intensive behavioral therapy for obesity and screenings

Lung cancer screening counseling and annual screening for lung cancer with low dose computed tomography

Medical nutrition therapy

**Medicare Diabetes Prevention Program** 

Pneumococcal vaccine and administration

Prolonged preventive services

Prostate cancer screening

Screening for sexually transmitted infections and high-intensity behavioral counseling to prevent STIs

Screening mammography

Screening pap tests

**Screening pelvic examinations** (includes a clinical breast examination)

\$0 copay

Covered Medical and Hospital Benefits	
Emergency Care Services	
Emergency Care	\$0 copay for Medicare-covered emergency room visits
Urgently Needed Services	
Urgent Care	\$0 copay for Medicare-covered urgently needed services
Diagnostic Services/Labs/Imaging Lab Services	
<b>Diagnostic tests and procedures</b> Prior authorization may be required	\$0 copay
<b>Lab services</b> Prior authorization may be required	\$0 copay
Diagnostic radiology (e.g., MRI, CT) Prior authorization may be required	\$0 copay
Outpatient X-rays	\$0 copay
Therapeutic radiology Prior authorization may be required	\$0 copay
Hearing Services	
Medicare-covered diagnostic hearing and balance exams They're covered only when your doctor or other healthcare provider orders them to see if you need medical treatment.	\$0 copay
Routine Hearing Exam	\$0 copay
(Supplemental Benefit)	One exam per year
Hearing Aid Fitting and Hearing Aid (Supplemental Benefit)	\$0 copay for hearing aid fitting once every year
	\$0 copay for hearing aids
	\$1,500 maximum benefit allowance every year for hearing aids; both ears combined
Dental Services	
Medicare-covered dental services  Medicare Part A (Hospital Insurance) will pay for certain dental services that you get when you're in a hospital. Part A can pay for inpatient hospital care if you need to have emergency or complicated dental procedures, even though the dental care isn't covered.	\$0 copay

Dental Services (continued)	
Preventive, Diagnostic, and Comprehensive Dental (Supplemental Benefit)	\$0 copay for dental services (supplemental).
Preventive and diagnostic services including:	No maximum amount for Preventive and diagnostic dental services.
One Fluoride Treatment every year	
Two Oral Exams every year	
Two Prophylaxis (Cleanings) every year, once every 6 months	
<ul> <li>Two Dental X-rays every year, which consists of:</li> </ul>	
- One of either bite-wing X-rays or single X-rays or	
- One complete full mouth X-ray (FMX) or panoramic X-ray. Complete/panoramic only allowed once every 36 months	
Comprehensive services including:	\$3,500 maximum benefit
<ul> <li>Restorative services (i.e. crowns, fillings, bridge to replace one tooth)</li> </ul>	allowance per calendar year for comprehensive dental services.
Endodontics services	dental services.
Periodontics services	
Oral and maxillofacial surgery including extractions services	
• Dentures	
- Covered once every five years	
- Adjustments up to four per year	
Vision Services	
Medicare-covered vision exam to diagnose/treat diseases of the eye (including yearly glaucoma screening)	\$0 copay
Eyeglasses or contact lenses after cataract surgery	

Vision Services	
Medicare-covered vision exam to diagnose/treat diseases of the eye (including yearly glaucoma screening)	\$0 copay
Eyeglasses or contact lenses after cataract surgery	
Routine Eye Exam (eye refraction)	\$0 copay
(Supplemental Benefit)	One every year
Eyewear (Supplemental Benefit)	\$0 copay
	Our plan pays up to \$350 maximum benefit allowance every year for unlimited eyewear • Contact Lenses • Eyeglasses (frames and lenses)

Covered Medical and Hospital Benefits			
Mental Health Services			
Inpatient Hospital Psychiatric	You pay \$0 copay for days 1 – 90 of a hospital stay per benefit period.		
Prior authorization may be required	Our policy also includes coverage for 60 lifetime reserve days, which are additional days we provide. If your hospital stay exceeds 90 days per benefit period, you have the option to utilize these extra days. After utilizing these additional 60 days, your coverage for inpatient hospital stays will be restricted to 90 days for each benefit period. If you receive authorized inpatient care at an out-of- network hospital after your emergency condition is stabilized, your cost is the cost-sharing you would pay at a network hospital.		
Outpatient Individual/ Group Therapy Visit	\$0 copay		
<ul> <li>Mental Health Specialty Service</li> </ul>			
Psychiatric Services			
Substance Abuse			
Skilled Nursing Facility			
Prior authorization may be required	You pay \$0 copay for days 1-100 of a skilled nursing facility stay.		
Outpatient Blood Services			
Outpatient Blood Services (Supplemental Benefit)	\$0 copay  Three (3) pints of blood deductible is waived.  Coverage of whole blood and packed red cells begins with the first pint of blood that you need.		
Outpatient Rehabilitation			
Physical Therapy and Speech Therapy Services Prior authorization may be required		\$0 copay	
Cardiac and Pulmonary Rehabi	litation	\$0 copay	
Supervised Exercise Therapy (SET) SET is covered for members who have symptomatic peripheral artery disease (PAD) and a referral for PAD from the physician responsible for PAD treatment. Up to 36 sessions over a 12-week period are covered if the SET program requirements are met.		\$0 copay	
Occupational Therapy Services Prior authorization may be required		\$0 copay	
Ambulance			
Prior authorization required for non-emergent ambulance only		\$0 copay for ground and air ambulance services	

#### **Covered Medical and Hospital Benefits**

#### **Transportation**

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This benefit is available to help you obtain medically necessary care and services.

#### **Covered Services include:**

- Curb-to-curb service
- · Wheelchair-accessible vans upon request
- Each one-way trip must not exceed 50 miles. A trip is considered one way, a round trip is considered two trips

#### **Covered Services do not include:**

Transportation by ambulance

\$0 copay

24 one-way trips every year to or from approved location

Prescription Drug Benefits		
\$0 copay		
\$0 copay Step Therapy for Part B drugs may require a trial of a Part B or Part D drug.		

#### Part D Benefit

Medicare-covered only

Beneficiary Low Income Subsidy (LIS) cost sharing is waived for all formulary Part D drugs across all benefit phases. This means if you qualify for Low Income Subsidy (LIS) cost sharing, you qualify for Part D reduced cost-sharing amounts below.

Initial Coverage stage: During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost. Your yearly deductible is \$0. Your cost-sharing amounts for drugs are:

Generic/Treated as generic drugs, prescription (retail or mail-order ph 31-day supply or 100-day supply. L care (LTC) cost sharing, 34-day supply.	ong-term (retail or mail-order pharmacy, 31-day or 100-day supply. Long-term care (LTC)
\$0 copay	\$0 copay

If you do not receive "Extra Help" or lose your Low Income Subsidy (LIS) eligibility, the amount you pay will change to Original Medicare levels.

These copay amounts are only for in-network pharmacies. You may get your drugs at in-network retail and mail-order pharmacies.

You may be able to get a 100-day supply of your prescription (if your drug is applicable).

You stay in this stage until the amount of your year-to-date "out-of-pocket costs" reaches \$2,000. You then move to the Catastrophic Coverage stage. Catastrophic Coverage stage: During this stage, BCBSAZ Health Choice Pathway will pay all of the costs of your drugs until 12/31/2025. On 1/1/2026, you go back to the Initial Coverage stage.

#### Important Message About What You Pay for Vaccines

Our plan covers most Part D vaccines at no cost to you. Call Member Services for more information.

#### Important Message About What You Pay for Insulin

You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan.

Additional Covered Benefits	
Services to Treat Kidney Disease	
Kidney disease education services	\$0 copay
Dialysis services	\$0 copay
Home dialysis equipment and supplies	
Annual Physical Exam (Supplemental)	
The annual routine physical is an extensive physical exam including a medical history collection and it may also include any of the following: vital signs, observation of general appearance, a head and neck exam, a heart and lung exam, an abdominal exam, a neurological exam, a dermatological exam, and an extremities exam. Coverage for this non-Medicare covered benefit is in addition to the Medicare-covered annual wellness visit and the "Welcome to Medicare" preventive visit.	\$0 copay
Chiropractic Services	
Medicare-covered  Manipulation of the spine to correct a subluxation (when one or more of the bones of your spine move out of position)  Prior authorization may be required	\$0 copay
Routine Care (Supplemental) This benefit is in addition to the Medicare-covered Chiropractic services. Supplemental coverage for evaluation and management, X-ray examination, chiropractic manipulative therapy, modalities, therapeutic procedures, and physical rehabilitation for musculoskeletal conditions of the spine & extremities. Chiropractic services are provided by a Doctor of Chiropractic - DC ("Chiropractor"). Chiropractic services are delivered by participating American Specialty Health (ASH) providers. To find a participating provider, visit Ashlink.com/ash/BCBSAZHCP. For additional questions, call 1-800-678-9133, TTY: 711 8 a.m. to 8 p.m., 7 days a week.	\$0 copay for 12 visits every year
Acupuncture (Supplemental)	
This benefit is in addition to the Medicare-covered Acupuncture. Benefit includes coverage for supplemental coverage for evaluation and management, acupuncture and acupressure, modalities, and therapeutic procedures for treatment of pain syndromes, musculoskeletal conditions, and nausea not covered by CMS-required benefits. Acupuncture services are delivered by participating American Specialty Health (ASH) providers. To find a participating provider, visit <b>Ashlink.com/ash/BCBSAZHCP</b> . For additional questions, call <b>1-800-678-9133</b> , TTY: <b>711</b> 8 a.m. to 8 p.m., 7 days a week.	\$0 copay for 12 treatments every year

Additional Covered Benefits	
Therapeutic Massage (Supplemental)	
Supplemental coverage for therapeutic massage, including assessment, massage, or soft tissue work for treatment of myofascial conditions, musculoskeletal injuries, and pain syndromes. Therapeutic Massage services are provided by licensed providers of massage including licensed massage therapists-LMT, and can also be provided by physical therapists. Therapeutic massage services are delivered by participating American Specialty Health (ASH) providers. To find a participating provider, visit <b>Ashlink.com/ash/BCBSAZHCP.</b> For additional questions, call <b>1-800-678-9133,</b> TTY: <b>711</b> 8 a.m. to 8 p.m., 7 days a week.	\$0 copay for 6 visits every year
Home Health Care	
Prior authorization may be required	\$0 copay
Opioid Treatment Program Services (OTPS)	
<ul> <li>FDA-approved opioid agonist and antagonist treatment medications and the dispensing and administration of such medications, if applicable</li> </ul>	\$0 copay
Substance use counseling	
Individual and group therapy	
Toxicology testing	
Foot Care (Podiatry Services)	
Medicare-covered Foot Exam and Treatment Foot exams and treatment if you have diabetes-related nerve damage and/or meet conditions Prior authorization may be required	\$0 copay
	¢0 copey for 6 vigita every year
Podiatry/Routine Footcare (Supplemental) This benefit is in addition to the Medicare-covered Podiatry. Includes Supplemental Benefit Coverage for preventive clinical services for the skin of the foot and toenail care, including removal of corns and calluses, nail trimming, and preventive foot hygiene. Routine Foot Care services are provided by a Doctor of Podiatric Medicine – DPM ("Podiatrist"). Podiatry services are delivered by participating American Specialty Health (ASH) providers. To find a participating provider, visit Ashlink.com/ash/BCBSAZHCP. For additional questions, call 1-800-678-9133, TTY: 711 8 a.m. to 8 p.m., 7 days a week.	\$0 copay for 6 visits every year

Additional Covered Benefits	
Medical Equipment/Supplies	
<b>Durable Medical Equipment (DME)</b> (e.g., wheelchairs, oxygen) Prior authorization may be required	\$0 copay
Prosthetics/Medical Supplies Prior authorization may be required	\$0 copay
<b>Diabetic Supplies and Services</b> Prior authorization applies only to insulin pumps and not regular supplies (lancet, strips)	\$0 copay
Therapeutic shoes or inserts for people with diabetes	\$0 copay

#### **Additional Supplemental Benefits**

#### Fitness Membership

\$0 copay for physical fitness, memory fitness, activity tracker.

Fitness Center Membership and home kits.

Member can choose one of the following items for the At-Home Kits which includes the Quick Start Guide. The Quick Start guide is a printout with some suggested exercises and more information about SilverSneakers.

- Pedometer to track daily steps
- SilverSneakers ball
- Resistance band
- Yoga strap
- Inspire 3 Fitbit

SilverSneakers® can help you live a healthier, more active life through fitness and social connection. You are covered for a fitness benefit through SilverSneakers at participating locations, where you can take classes<sup>2</sup> and use exercise equipment and other amenities, at no additional cost to you. Enroll in as many locations as you like, at any time. You also have access to instructors who lead specially designed group exercise online classes, seven days a week with SilverSneakers LIVE. Additionally, SilverSneakers Community gives you options to get active outside of traditional gyms at recreation centers, parks and other neighborhood locations. SilverSneakers also connects you to a support network and online resources through SilverSneakers On-Demand videos and the SilverSneakers GO mobile app. You also get access to Burnalong® with a supportive virtual community thousands of classes for all interests and abilities. Activate your free online account at **SilverSneakers.com** to view your SilverSneakers Member ID number and explore everything SilverSneakers has to offer. For additional questions, go to SilverSneakers.com or call 1-888-423-4632 (TTY: 711) Monday through Friday, 8 a.m. to 8 p.m. ET.

Always talk with your doctor before starting an exercise program.

- <sup>1</sup> Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.
- <sup>2</sup> Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.

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#### **Additional Supplemental Benefits**

#### Over-the-Counter (OTC), & Healthy Food and Produce Card

The monthly allowance can be utilized to purchase OTC items and healthy food products at participating retailers and online. To purchase OTC items, you also have an option to use the OTC catalog for reference.

\$0 copay for \$125 every month combined allowance for OTC products and Healthy Food and Produce.

With this benefit, the allowance will be loaded to your Mastercard® Flex Card each month to pay for covered groceries and/or OTC items.

Covered items include:

- Healthy foods such as fruits, vegetables, meat, seafood, dairy products, water, and more.
- Brand-name and generic OTC products, such as vitamins, pain relievers, toothpaste, cough drops, and more.

To place an order, view the card balance, view all OTC items, search for eligible products, and find participating store locations, visit **bcbs-az.thehelperbeesportal.com** or call **1-888-454-1423** (TTY:**711**) Monday – Friday, 8 a.m. – 8 p.m. local AZ time.

Any remaining allowance at the end of the month will expire and does not roll over to the next month. Any unused allowance will not carry over to the next plan year.

#### **Meal Benefit**

Prior authorization may be required

\$0 copay up to 28 total meals per year to members who have been discharged from an inpatient facility or have an eligible chronic health condition.

Post-Acute Meals - 14 meals per admit:

Members recently discharged from an inpatient facility (Hospital, Skilled Nursing Facility, or Inpatient Rehabilitation).

Chronic Meals - 14 meals per admit:

Members with an eligible chronic condition who are under care management may be eligible to receive healthy meals. Eligible chronic conditions include: chronic obstructive pulmonary disease (COPD), congestive heart failure (CHF), diabetes (DM).

## 24-Hour Nurse Advice Line 1-888-267-9037

24/7 access to registered nurse

\$0 copay

#### **Additional Supplemental Benefits**

#### **In-Home Support Services**

Prior authorization may be required

## **Support for Caregivers** of Enrollees (Respite Care)

\$0 copay for In-Home Support Services.

Members have access to In-Home Support Services and Support for Caregivers of Enrollees (Respite Care), including light cleaning, household chores, meal preparation, errands, light yard work, and assistance with other essential daily living activities.

Caregiver respite encompasses a temporary reprieve for primary caregivers, offering them a crucial break from their caregiving responsibilities by offering In-Home Support Services

There is a \$1,000 annual maximum combined allowance per year shared between In-Home Support Services, Home and Bathroom Safety Devices and Modifications, Support for Caregivers of Enrollees (Respite Care), and Home Repairs.

A total of \$350 will be deducted from the \$1,000 allowance to access 30 hours of In-Home Support Services including Support for Caregivers (Respite Care). Members can use this benefit in 2-hour or 4-hour increments. In-Home Support Services are provided by a licensed home health aide. In-Home Support Services and Support for Caregivers is limited to 30 hours total.

For more details on these services and additional assistance, please visit **bcbs-az.thehelperbeesportal.com** or call **1-888-454-1423** (TTY: **711**) Monday – Friday, 8 a.m. – 8 p.m. local AZ time.

#### Home and Bathroom Safety Devices and Modifications

\$0 copay for Home and Bathroom Safety Devices and Modifications.

This benefit will include temporary home modifications including temporary ramps and adding grab bars and safety rails in the shower.

There is a \$1,000 annual maximum combined allowance per year shared between In-Home Support Services, Home and Bathroom Safety Devices and Modifications, Support for Caregivers of Enrollees (Respite Care), and Home Repairs.

For more details on these services and additional assistance, please visit **bcbs-az.thehelperbeesportal.com** or call **1-888-454-1423** (TTY: **711**) Monday – Friday, 8 a.m. – 8 p.m. local AZ time.

#### **Additional Supplemental Benefits**

#### **Telehealth**

\$0 copay for Telehealth Services

Covered services included in Virtual Medical Visits:

- Primary Care Provider Services
- Physician Specialist Services
- Urgently Needed Services

To get started, visit bluecareanywhereaz.com.

#### Personal Emergency Response System (PERS)

\$0 copay

Personal emergency response system (PERS), also known as medical alert systems, provide continuous in-home and mobile monitoring to aging and at-risk populations.

PERS allows members to call for assistance 24/7, whether at home or on the go.

- Members are immediately connected with professionally trained operators who quickly assess the nature of a call and coordinate appropriate assistance.
- A member experiencing a medical emergency presses a button to speak with an operator who immediately coordinates emergency dispatch.

To order a PERS device or for additional questions, call **1-800-979-9238**, TTY: **711**, 8 a.m. to 5 p.m., Monday through Friday or visit **bcbsaz.connectamerica.com**.

#### Special Supplemental Benefits for the Chronically III

#### Remote Access Technology Services

\$0 copay

Physicians have the capability to remotely measure blood pressure, weight, and monitor glucose as necessary, allowing real-time identification of conditions such as high blood pressure or elevated blood sugar.

The services provided will be determined based on the member's specific needs, with a care plan developed with their family.

- Connected health devices and remote patient monitoring (RPM) technologies are utilized in conjunction with the intervention of primary care physicians (PCP) or specialist.
- Connected health devices allow physicians to monitor you remotely without in-person appointments.

Remote access technology equipment may include, but is not limited to:

- Blood pressure cuff
- Scale
- Non-Medicare covered glucose monitor

To be eligible for this Special Supplemental Benefits for the Chronically III (SSBCI) benefit, you must be actively engaged with BCBSAZ Health Choice Pathway care management and have one of the following qualifying chronic conditions:

- Chronic heart failure (CHF)
- Diabetes
- Chronic obstructive pulmonary disease (COPD)
- Post-Acute Sequelae of SARS CoV-2 infection (PASC/Long Covid)

Not all members qualify, as other coverage criteria may also apply.

#### Special Supplemental Benefits for the Chronically III (continued)

General Support for Living -Transitional Supports Lodging/Utilities Flex Card

Prior authorization required

If you meet the eligibility requirements, our plan provides a \$1,000 allowance to help cover expenses for temporary lodging and/or specific home utilities such as electric, natural gas, sanitation, water, and/or phone services.

To be eligible for this Special Supplemental Benefits for the Chronically III (SSBCI) benefit, you must be actively engaged with BCBSAZ Health Choice Pathway Care Management. You must also have a recent hospitalization for diabetes or a medical condition worsened by prediabetes or diabetes. Not all members qualify, as other coverage criteria may also apply.

The funds are not intended for rental or mortgage assistance.

Any unused benefit dollars on the Mastercard® Flex Card will expire at the end of the year.

It's important to note that if you are eligible for the Lodging and Utilities benefit, you will not receive an additional Mastercard® Flex Card in the mail. Instead, the Lodging and Utilities benefit dollars will be automatically added to the Mastercard® Flex card.

If you believe you meet the criteria for this benefit and have not received your Mastercard® Flex Card or would like more details about this benefit, please contact Member Services (phone numbers provided on the back cover of this booklet) or visit our website at **azblue.com/hcpathway.** 

Lastly, please note that this benefit is solely for your use and cannot be sold or transferred and holds no cash value.

#### Special Supplemental Benefits for the Chronically III (continued)

#### **Home Repairs**

Prior authorization may be required

\$0 copay for Home Repairs.

This benefit will include assistance toward widening of hallways or doorways, permanent mobility ramps, easy use doorknobs and faucets.

To be eligible for this Special Supplemental Benefits for the Chronically III (SSBCI) benefit, you must be actively engaged with BCBSAZ Health Choice Pathway care management and have one of the following qualifying chronic conditions:

- Chronic heart failure (CHF)
- · Chronic lung disorders
- Diabetes
- Post-Acute Sequelae of SARS CoV-2 infection (PASC)/Long COVID

Not all members qualify, as other coverage criteria may also apply.

There is a \$1,000 annual maximum combined allowance per year shared between In-Home Support Services, Home and Bathroom Safety Devices and Modifications, Support for Caregivers of Enrollees (Respite Care), and Home Repairs.

If you believe you meet the criteria for this benefit and have not received your prepaid Mastercard® Flex Card or would like more details about this benefit, please contact Member Services (phone numbers provided on the back cover of this booklet) or visit our website at **azblue.com/hcpathway.** 

#### Value-Based Insurance Design (VBID) Model

If you qualify for extra help paying for your prescription drug coverage, you are eligible for the Healthy Food and Produce benefit. This is a combined benefit with Over-the-Counter (OTC). A \$125 allowance will be loaded to your Mastercard® Flex Card each month to pay for covered groceries and OTC items.

Covered items include:

- Healthy foods such as fruits, vegetables, meat, seafood, dairy products, water and more.
- Brand-name and generic OTC products, such as vitamins, pain relievers, toothpaste, cough drops, and more.

For additional information, please refer to the Over-the-Counter (OTC) & Healthy Food and Produce Card section above.

### **Summary of Medicaid-Covered Benefits**

Your state Medicaid program can be reached through the office of the Arizona Health Care Cost Containment System (AHCCCS).

A person who is entitled to both Medicare and medical assistance from a state Medicaid plan is referred to as a "dual eligible" beneficiary.

As a dual eligible beneficiary your services are paid first by Medicare and then by AHCCCS (Medicaid). Your AHCCCS (Medicaid) coverage varies depending on your income, resources, and other factors. Benefits may include full AHCCCS (Medicaid) benefits and/or payment of some or all of your Medicare cost share (premiums, deductibles, coinsurance, or copays). Depending on your level of AHCCCS (Medicaid) eligibility, you may not have any cost-sharing responsibility for Medicare-covered services.

## Below is a list of dual eligibility coverage categories for beneficiaries who may enroll in the BCBSAZ Health Choice Pathway Plan:

- QMB-plus (or QMB+): AHCCCS (Medicaid) pays your Medicare Part A and Part B premiums, deductibles, coinsurance, and copayment amounts. You receive Medicaid coverage of Medicare cost sharing and are eligible for full Medicaid benefits secondary to your Medicare coverage. This means if Medicare doesn't cover something, but Medicaid does, Medicaid will pay (as long as your provider is in-network).
- SLMB-plus (or SLMB+): AHCCCS (Medicaid) pays your Medicare Part B premium and also provides full Medicaid benefits secondary to your Medicare benefit.
- Full-Benefit Dual Eligible (FBDE): At times, individuals may qualify for both limited coverage of Medicare cost sharing as well as full AHCCCS (Medicaid) benefits.

#### If you are a QMB or QMB-plus Beneficiary:

You have a \$0 cost share, except for Part D prescription drug copays, as long as you remain a QMB or QMB+ Member.

#### If you are an SLMB-plus or FBDE Beneficiary:

You are eligible for full AHCCCS (Medicaid) benefits and, at times, limited Medicare cost share. As such, your cost share is 0% or 20%\*. Typically your cost share is 0% when the service is covered by both Medicare and AHCCCS (Medicaid). Additionally, preventive wellness exams and supplemental benefits provided by BCBSAZ Health Choice Pathway are also at a \$0 cost share. In rare instances, you will pay 20%\* when a service or benefit is not covered by AHCCCS (Medicaid).

Note – Preventive wellness exams and supplemental benefits have a \$0 cost share.

#### **Eligibility Changes:**

It is important to read and respond to all mail that comes from Social Security and your state Medicaid office and to maintain your AHCCCS (Medicaid) eligibility status.

Periodically, as required by CMS, we will check the status of your AHCCCS (Medicaid) eligibility as well as your dual eligible category. If your eligibility status changes, your cost share may also change from 0% to 20% or from 20% to 0%. If you lose AHCCCS (Medicaid) coverage entirely, you will be given a grace period so that you can reapply for AHCCCS (Medicaid) and become reinstated if you still qualify.

If you no longer qualify for AHCCCS (Medicaid) you may be involuntarily disenrolled from the plan. Your state Medicaid agency will send you notification of your loss of AHCCCS (Medicaid)

or change in AHCCCS (Medicaid) category. We may also contact you to remind you to reapply for Medicaid. For this reason it is important to let us know whenever your mailing address and/or phone number changes.

If you are currently entitled to receive full or partial AHCCCS (Medicaid) benefits please see your Medicaid member handbook or other state Medicaid documents for full details on your AHCCCS (Medicaid) benefits, limitations, restrictions, and exclusions. In your state, the Medicaid program can be reached through the office of the Arizona Health Care Cost Containment System (AHCCCS).

\*Annual deductible for Part B services, and 20% coinsurance (as applicable), in addition to varying cost-share amounts for Part A services apply when Member's cost-share amount is not 0%.

#### **How to Read the Medicaid Benefit Chart**

The chart below shows what services are covered by AHCCCS (Medicaid). The chart applies only if you are entitled to benefits under your state's Medicaid program. Your cost share varies based on your AHCCCS (Medicaid) category.

For Medicaid-covered services, refer to the AHCCCS plan or visit the website at **www.azahcccs.gov** for additional beneficiary cost sharing, co-payment and benefits related information.

Acute Medicaid Programs include AHCCCS Complete Care (ACC), ACC Regional Behavioral Health Agreements (ACC-RBHAs), and the Mercy Care Department of Child Safety Comprehensive Health Plan (Mercy Care DCS CHP). Long Term Care Medicaid Programs include Elderly and Physically Disabled (E-PD) and Division of Developmental Disabilities (DDD).

Medicare Part D copayment amounts are the sole responsibility of the beneficiary. AHCCCS health plans cannot assist with the payment of these amounts, except for behavioral health medications for those beneficiaries determined to be Seriously Mentally III (SMI) utilizing allowable Non-Title XIX funding.

Medicaid-Covered Benefits Chart			
	As an Arizona Health Care Cost Containment System (AHCCCS) – QMB Dual Eligible – You Pay:	As an Arizona Health Care Cost Containment System (AHCCCS) – Non-QMB Dual Eligible – You Pay:	
Important Information			
Premium and Other Important Information If you get Extra Help from Medicare, your monthly plan premium will be lower or you might pay nothing.	Medicaid assistance with premium payments and cost share may vary based on your level of AHCCCS (Medicaid) eligibility.	Medicaid assistance with premium payments and cost share may vary based on your level of AHCCCS (Medicaid) eligibility.	
Doctor and Hospital Choice (For more information, see Emergency Care and Urgently Needed Care services.)	You must go to doctors, specialists, and hospitals that accept Medicaid assignment. Referral required for network specialists for certain benefits.	You must go to doctors, specialists, and hospitals that accept Medicaid assignment. Referral required for network specialists for certain benefits.	

Acute and Long-Term Care Medicaid Programs			
	As an Arizona Health Care Cost Containment System (AHCCCS) – QMB Dual Eligible – You Pay:	As an Arizona Health Care Cost Containment System (AHCCCS) – Non-QMB Dual Eligible – You Pay:	
Inpatient Care			
Inpatient Hospital Care	\$0 copay	\$0 copay	
Impatient Behavioral Health Care Stay	\$0 copay	\$0 copay	
<b>Nursing Facility Services</b>	\$0 copay	\$0 copay	
<b>Outpatient Care Services</b>			
Ambulance Services (Medically necessary ambulance services)	\$ 0 copay	\$ 0 copay	
Ambulatory Surgical Center or Outpatient Hospital Facility Visit	\$0 copay	\$0 to \$3 copay depending on eligibility for ages 21 and over. \$0 copay for ages 20 and under.	
Medicare-Covered Services, including Chronic/Complex Case Management, etc.	\$0 copay	\$0 copay for ages 20 and under. Not covered for ages 21 and over.	
Chiropractic Visits	\$0 copay	\$0 for ages 20 and under; \$0 to \$2.30, for ages 21 over depending on eligibility, for up to 20 medically necessary visits beginning October 1st of each year (additional visits may be authorized if medically necessary)	
Adult Emergency Dental Services	\$0 copay  For ages 21 and over. Services subject to a \$1,000 limit per each 12 month period beginning October 1st of each year.	\$0 copay  For ages 21 and over. Services subject to a \$1,000 limit per each 12 month period beginning October 1st of each year.	
Diabetes Self-Monitoring Training & Supplies (when provided as part of a PCP visit)	\$0 copay	\$0 copay	

Acute and Long-Term Care Medicaid Programs			
	As an Arizona Health Care Cost Containment System (AHCCCS) – QMB Dual Eligible – You Pay:	As an Arizona Health Care Cost Containment System (AHCCCS) – Non-QMB Dual Eligible – You Pay:	
<b>Outpatient Care Services</b>			
Diagnostic Tests, X-rays, and Laboratory Services (including COVID-19 diagnostic & testing services)	\$0 copay	\$0 copay	
Doctor Office Visits: Primary Care Provider (PCP) and Specialist Physician visits	\$0 copay	\$0 copay for well visits, and \$0 to \$4 for other visits depending on eligibility for ages 21 and over. \$0 copay for ages 20 and under.	
Durable Medical	\$0 copay	\$0 copay	
<b>Equipment</b> (Includes wheelchairs, oxygen, etc.)	Covers reasonable and medically necessary medical equipment, appliances, and supplies.	Covers reasonable and medically necessary medical equipment, appliances, and supplies.	
Emergency Services (You may go to any emergency room if you reasonably believe you need emergency care.)	\$0 copay	\$0 copay	
Hearing Exams, Routine Hearing Tests, and Fitting Evaluations for a Hearing Aid	\$0 copay for ages 20 and under. Not covered for ages 21 and over.	\$0 copay for ages 20 and under. Not covered for ages 21 and over.	
Hearing Aids	\$0 copay for ages 20 and under. Not covered for ages 21 and over.	\$0 copay for ages 20 and under. Not covered for ages 21 and over.	
Home Health Service (Such as nursing services, home health aide, and therapy.)  \$0 copay  Covers medically necessary hom health services within certain limit		\$0 copay Covers medically necessary home health services within certain limits.	
Outpatient Behavioral Health Care Visit	\$0 copay	\$0 copay	
Outpatient Occupational Therapy, Physical/ Speech Therapy	\$0 copay	\$0 to \$3 copay depending on eligibility for ages 21 and over. \$0 copay for ages 20 and under.	
Outpatient Substance Abuse Care	\$0 copay	\$0 copay	
Podiatry Services	\$0 copay	\$0 copay	

Acute and Long-Term Care Medicaid Programs			
	As an Arizona Health Care Cost Containment System (AHCCCS) - QMB Dual Eligible - You Pay:	As an Arizona Health Care Cost Containment System (AHCCCS) – Non-QMB Dual Eligible – You Pay:	
<b>Outpatient Care Services</b>			
Prosthetic Devices (Includes braces, artificial limbs and eyes, etc.)	\$0 copay	\$0 copay Lower limb microprocessor controlled limb or joint not covered for ages 21 and over.	
Non-Emergency Medically Necessary Transportation	\$0 copay	\$0 copay	
Urgently Needed Care Visit	\$0 copay	\$0 to \$4 copay depending on eligibility for ages 21 and over. \$0 copay for ages 20 and under.	
Vision Services, Routine Eye Exam, Eyeglasses, Contact Lenses, Lenses and Frames	\$0 copay for ages 20 and under. Not covered for ages 21 and over unless following cataract surgery	\$0 copay for ages 20 and under. Not covered for ages 21 and over.	
Renal Dialysis or Nutritional Therapy for End-Stage Renal Disease	\$0 copay	\$0 copay	
<b>Prescription Drug Benefits</b>			
Prescription Medications	\$0 copay For medications not eligible for payment under Medicare Part D. \$0 to \$2.30 copay depending of eligibility for ages 21 and over. \$0 copay for ages 20 and under Medicare Part II.		
Preventive Services			
Including Flu, COVID-19, and Pneumonia Vaccines, Screening Mammogram, Pap Smear and Pelvic Exam, Prostate Cancer Screening, and Colorectal Screening.	\$0 copay	\$0 copay	

Long Term Care Medicaid Programs Only			
Respite Services	\$0 copay	\$0 copay	
	Subject to a 600-hour limit per each 12-month period beginning October 1st of each year.	Subject to a 600-hour limit per each 12-month period beginning October 1st of each year.	
Nursing Facility Services	Cost sharing determined by AHCCCS.	Cost sharing determined by AHCCCS.	
Home and Community Based Services	Member contribution determined by AHCCCS.	Member contribution determined by AHCCCS.	
Adult Preventive Dental Services In addition to Adult Emergency Dental Services described above.	\$0 copay for ages 21 and over. Services subject to a \$1,000 limit per each 12 month period beginning October 1st of each year.	\$0 copay for ages 21 and over. Services subject to a \$1,000 limit per each 12 month period beginning October 1st of each year.	

## **Glossary of Terms**

#### **Centers for Medicare & Medicaid Services (CMS)**

The Federal agency that administers Medicare.

#### Coinsurance

An amount you may be required to pay, expressed as a percentage (for example 20%) as your share of the cost for services or prescription drugs after you pay any deductibles.

#### Copayment (or "copay")

An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or a prescription drug. A copayment is a set amount (for example \$10), rather than a percentage.

#### **Cost Sharing**

Cost sharing refers to amounts that a member has to pay when services or drugs are received. (This is in addition to the plan's monthly premium.) Cost sharing includes any combination of the following three types of payments: (1) any deductible amount a plan may impose before services or drugs are covered; (2) any fixed "copayment" amount that a plan requires when a specific service or drug is received; or (3) any "coinsurance" amount, a percentage of the total amount paid for a service or drug that a plan requires when a specific service or drug is received.

#### **Deductible**

The amount you must pay for healthcare or prescriptions before our plan pays.

#### **Extra Help**

A Medicare or a State program to help people with limited income and resources pay Medicare prescription drug program costs, such as premiums, deductibles, and coinsurance

#### **Maximum Out-of-Pocket Amount**

The most that you pay out-of-pocket during the calendar year for covered Part A and Part B services. Amounts you pay for your plan premiums, Medicare Part A and Part B premiums, and prescription drugs do not count toward the maximum out-of-pocket amount.

If you are eligible for Medicare cost-sharing assistance under AHCCCS (Medicaid), you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. (Note: Because our members also get assistance from AHCCCS (Medicaid), very few members ever reach this out-of-pocket maximum.)

#### Medicaid (AHCCCS or Medical Assistance)

A joint Federal and State program that helps with medical costs for some people with low incomes and limited resources. State Medicaid programs vary, but most healthcare costs are covered if you qualify for both Medicare and Medicaid.

#### Medicare

The Federal health insurance program for people 65 years of age or older, some people under age 65 with certain disabilities, and people with End-Stage Renal Disease (generally those with permanent kidney failure who need dialysis or a kidney transplant).

### **Glossary of Terms**

#### Medicare Advantage (MA) Plan

Sometimes called Medicare Part C. A plan offered by a private company that contracts with Medicare to provide you with all your Medicare Part A and Part B benefits. A Medicare Advantage Plan can be an i) HMO, ii) PPO, a iii) Private Fee-for-Service (PFFS) plan, or a iv) Medicare Medical Savings Account (MSA) plan. Besides choosing from these types of plans, a Medicare Advantage HMO or PPO plan can also be a Special Needs Plan (SNP). In most cases, Medicare Advantage Plans also offer Medicare Part D (prescription drug coverage). These plans are called Medicare Advantage Plans with Prescription Drug Coverage.

## Original Medicare ("Traditional Medicare" or "Fee-for-service" Medicare)

Original Medicare is offered by the government, and not a private health plan like Medicare Advantage Plans and prescription drug plans.

Under Original Medicare, Medicare services are covered by paying doctors, hospitals, and other healthcare providers payment amounts established by Congress. You can see any doctor, hospital, or other healthcare provider that accepts Medicare. You must pay the deductible. Medicare pays its share of the Medicare- approved amount, and you pay your share.

Original Medicare has two parts: Part A (Hospital Insurance) and Part B (Medical Insurance) and is available everywhere in the United States.

#### Part C

see "Medicare Advantage (MA) Plan."

#### Part D

The voluntary Medicare Prescription Drug Benefit Program.

#### **Part D Drugs**

Drugs that can be covered under Part D. We may or may not offer all Part D drugs. Certain categories of drugs have been excluded from Part D coverage by Congress. Certain categories of Part D drugs must be covered by every plan.

#### Premium

The periodic payment to Medicare, an insurance company, or a healthcare plan for health or prescription drug coverage.

#### **Prior Authorization**

Approval in advance to get services or certain drugs. Covered services that need prior authorization are marked in the Medical Benefits Chart in Chapter 4. Covered drugs that need prior authorization are marked in the formulary.

#### Special Needs Plan

A special type of Medicare Advantage Plan that provides more focused healthcare for specific groups of people, such as those who have both Medicare and Medicaid, who reside in a nursing home, or who have certain chronic medical conditions.

#### **Notice of Non-Discrimination**

# BlueCross BlueShield Arizona An Independent Licensee of the Blue Cross Blue Shield Association Health Choice

In Compliance with Section 1557 of the Affordable Care Act

Blue Cross® Blue Shield® of Arizona (BCBSAZ) Health Choice Pathway (HMO D-SNP) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy and sexual orientation). BCBSAZ Health Choice Pathway does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy and sexual orientation).

BCBSAZ Health Choice Pathway:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact:

BCBSAZ Health Choice Pathway Attn: Civil Rights Coordinator **Address:** PO Box 52033

Phoenix, AZ 85072

Phone: 1-800-656-8991, TTY: 711 8 a.m. to 8 p.m., 7 days a week

Fax: 480-760-4739

Email: HCHComments@azblue.com

If you believe that BCBSAZ Health Choice Pathway has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy and sexual orientation), you can file a grievance by mail, fax, or email to:

Attn: Civil Rights Coordinator

Address: PO Box 52033

Phoenix. AZ 85072

Phone: 1-800-656-8991 Fax: 480-760-4739

TTY: 711

Email: HCH.GrievanceForms@azblue.com

You can file a grievance by mail, fax, or email. If you need help filing a grievance, the Grievance Manager/Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 **1-800-368-1019**, **1-800-537-7697** (TDD)

Complaint forms are available at

hhs.gov/hipaa/filing-a-complaint/index.html.

BCBSAZ Health Choice Pathway is a subsidiary of Blue Cross® Blue Shield® of Arizona (BCBSAZ), an independent licensee of the Blue Cross Blue Shield Association.

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#### Aviso de No Discriminación



## En cumplimiento con la Sección 1557 de la Ley de Cuidado de Salud de Bajo Costo

Blue Cross® Blue Shield® of Arizona (BCBSAZ)
Health Choice Pathway (HMO D-SNP) cumple con
las leyes de derechos civiles federales vigentes
y no discrimina por motivos de raza, color,
nacionalidad, edad, discapacidad o sexo (incluido
el embarazo y la orientación sexual). BCBSAZ
Health Choice Pathway no excluye a las personas
ni las trata de manera diferente por su raza, color,
nacionalidad, edad, discapacidad o sexo (incluido
el embarazo y la orientación sexual).

BCBSAZ Health Choice Pathway:

Ofrece material de ayuda y servicios sin cargo a las personas que tienen discapacidades que les impiden comunicarse de manera eficaz con nosotros, como los siguientes:

- Intérpretes de lenguaje de señas calificados
- Información escrita en otros formatos (letra grande, audio, formatos electrónicos accesibles, otros formatos)

Brinda servicios de idiomas sin cargo a las personas cuya lengua materna no es el inglés, como los siguientes:

- Intérpretes calificados
- Información escrita en otros idiomas.

Si necesita estos servicios, comuníquese con nosotros:

BCBSAZ Health Choice Pathway Coordinador de Derechos Civiles

**Dirección:** PO Box 52033 Phoenix. AZ 85072

Teléfono: 1-800-656-8991, TTY: 711

de 8 a. m. a 8 p. m., los 7 días de la semana

Fax: 480-760-4739

Correo electrónico: HCHComments@azblue.com

Si considera que BCBSAZ Health Choice Pathway no ha logrado prestar estos servicios o ha discriminado de algún otro modo a una persona por su raza, color, nacionalidad, edad, discapacidad o sexo (incluido el embarazo y la orientación sexual), puede presentar una queja formal por correo, fax o correo electrónico:

BCBSAZ Health Choice Pathway Coordinador de Derechos Civiles

Dirección: PO Box 52033

Phoenix, AZ 85072

Teléfono: 1-800-656-8991

Fax: 480-760-4739

TTY: 711

Correo electrónico:

HCH.GrievanceForms@azblue.com

Puede presentar una queja formal por correo, fax o correo electrónico. Si necesita ayuda para presentar una queja formal, el administrador de quejas formales/coordinador de derechos civiles está a su disposición para ayudarlo.

También puede presentar una queja por violación a los derechos civiles ante la Oficina de Derechos Civiles del Departamento de Salud y Servicios Humanos de los EE. UU. de forma electrónica a través de su Portal de quejas, disponible en https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, o por correo o teléfono:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 1-800-537-7697 (TDD)

Los formularios de queja están disponibles en hhs.gov/hipaa/filing-a-complaint/index.html.

BCBSAZ Health Choice Pathway es una subsidiaria de Blue Cross® Blue Shield® of Arizona (BCBSAZ), un licenciatario independiente de Blue Cross Blue Shield Association.
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# Multi-language Interpreter Services



**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-800-656-8991.** Someone who speaks English can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al **1-800-656-8991.** Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Navajo: T'áá hait'éego da ats'íís baa'áhayá doodago azee' aanídaa'nití nihinaaltsoos bee hadadít'éhígíí baah na'ídikid nee hólóogo da nihi éí ata' halne'í bee áka'anída'awo'í t'áá jíík'eh nihee hóló. Ata' halne'í ta' yíníkeedg kohji' 1-800-656-8991 nihich'i' hodíilnih. T'áá háida Bilagáana Bizaad yee yátti'ígíí ta' niká'iilyeed dooleet. Díí t'áá jiik'eh bee niká'iilyeed dooleet.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-800-656-8991。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-800-656-8991。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa **1-800-656-8991.** Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au **1-800-656-8991**. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi **1-800-656-8991** sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí .

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheitsund Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter **1-800-656-8991.** Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-656-8991 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

# Multi-language Interpreter Services



**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону **1-800-656-8991.** Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

إننا نقدم خدمات للمترجم للوري للمجانية للإجابة عن في سُئلة تتعلق بالصحة وأجدول الأدوية الينا. للحصول على مترجم فوري، Arabic: وينا المترجم للوري للمجانية للإجابة عن في سُئلة تتعلق بالصحة العربية 1-656-8991 ليسء ليك سوى الاتصال بنظ لي

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-800-656-8991 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero **1-800-656-8991.** Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portugués:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número **1-800-656-8991.** Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan **1-800-656-8991.** Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer **1-800-656-8991.** Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするため に、無料の通訳サービスがありますございます。通訳をご用命になるには、1-800-656-8991 にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサー ビスです。

NOTES:	

**Questions about our benefits? Call Member Services:** 

**1-800-656-8991, TTY: 711** 8 a.m. – 8 p.m., 7 days a week **HCHComments@azblue.com** 

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