

Don't miss this Quartet webinar: Maximizing Mental Health Resources in Primary Care

pages.azblue.com/Webinar-Help-patients-get-behavioral-health-care---SEPT-2021.html

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Screening your primary care patients for mental health and substance use helps position behavioral health care alongside other important preventive and routine care. Even if a screening doesn't reveal symptoms of a disorder, a caring word of encouragement might be all that's needed for a patient to be receptive to the benefits of behavioral health care. For many patients, it's the next step toward making changes that will positively impact their health and quality of life.

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September is Suicide Prevention Month: Mobilize AZSM offers patients and families [mental health and support resources](#)

Quartet can help your patients bridge the gap between *thinking* about care and actually getting it scheduled. To find out more about Quartet's services and how they can support your practice at no cost to you, please attend this 30-minute webinar: ***Maximizing Mental Health Resources in Primary Care***.

Webinar dates and times

Mark your calendar for the time that works best for you:

- Tuesday, September 28, noon – 12:30 p.m.
- Thursday, September 30, 8 – 8:30 a.m.
- Friday, October 1, 1 – 1:30 p.m.

No registration required!

Save this link and simply join the Zoom meeting for the webinar date/time of your choice:

<https://tinyurl.com/QuartetAZ>

Thank you for making it easy for your patients to access behavioral health care!

Quartet is a separate, independent company contracted with BCBSAZ to provide behavioral health referral services for BCBSAZ members and providers.

Our members can take a digital ID card with them wherever they go with the MyBlue AZSM mobile app.

